



**FOR IMMEDIATE RELEASE**

**THE CENTER FOR WOMEN & FAMILIES EDUCATES FAIRFIELD COUNTY TO  
HONOR DOMESTIC VIOLENCE AWARENESS MONTH**

*Month Long Events Keep Communities Knowledgeable on Important Issue*

**Bridgeport, CT – September 26, 2011** — [The Center for Women and Families of Eastern Fairfield County](#) is presenting events in recognition of [Domestic Violence Awareness month](#) throughout the month of October. Four candlelight vigils are scheduled to take place remembering and honoring victims and survivors of domestic violence – free to the public – as well as a special event by World Fitness Zumba Studio including:

- **Thursday, October 6<sup>th</sup>** from 6:00 to 8:00 p.m., 2<sup>nd</sup> Annual Candlelight Vigil at [Monroe Town Hall](#) and first Annual Clothesline Project, 7 Fan Hill Road, Monroe, CT 06468. Inclement weather: Town Hall. Contact Stephanie Stacy at The Center for Women and Families for more information at 203.334.6154/[sstacy@cwefc.org](mailto:sstacy@cwefc.org)
- **Thursday, October 13<sup>th</sup>** from 7:00 to 9:00 p.m., the 4<sup>th</sup> Annual Candlelight Vigil & [Clothesline Project](#) will be held at the Gazebo, outside of the [Trumbull Library](#), 33 Quality Street, Trumbull, CT 06611. Inclement weather: Library Community Room. Contact Sue Horton at 203.452.5129 for t-shirt for Clothesline project or Steve Hodson at 203.260.1369/[Steve@HodsonRealty.com](mailto:Steve@HodsonRealty.com) for more information.
- **Friday, October 14<sup>th</sup>** – “Taking Care of You” Day with St. Vincent’s Hospital and [“Swim Across the Sound”](#) Mobile Mammography (free with appt. and doctor’s prescription) at the Westfield Trumbull Mall, Main Street in Trumbull, Food Court, 10:00 a.m. to 2:00 p.m.
- **Tuesday, October 18<sup>th</sup>** from 6:30 to 7:30pm. 3<sup>rd</sup> Annual Candlelight Vigil at The University of Bridgeport, 126 Park Avenue in Bridgeport, CT 06604. Vigil will be held at the Student Center.
- **Thursday, October 20<sup>th</sup>** from 6:00 to 8:00 p.m., 2<sup>nd</sup> Annual Candlelight Vigil at Sherman Green, Post Road Green in Fairfield, CT 06824. Inclement weather: First Church Congregational Wakeman Hall.
- **Friday, October 21<sup>st</sup>** from 7:00 to 9:00 p.m., 1<sup>st</sup> Annual World Fitness Zumba Event, 380 Monroe Turnpike, Monroe, CT 06468. Event will raise money and awareness for The Center for Women and Families. \$25.00 to participate and space limited. Call: 203.880.9828 to reserve a spot.

At two locations The Clothesline Project will be taking part of The Center's kickoff to honoring survivors and victims of domestic violence. The 'Clothesline Display' of t-shirts with messages and illustrations decorated by survivors or community members who wish to honor victims and survivors will be on display at the Monroe Town Hall and Trumbull Library throughout the week prior to the Vigils in those towns. Residents can pick up a free t-shirt at the library/Town Hall to display their own stories of survival, hope and encouragement. The project is part of an international network and there are approximately 500 clothesline projects nationally and internationally displaying 50,000 to 60,000 shirts.

This year, the project is also incorporating The White Ribbon Campaign (WRC) where men and boys will have the opportunity to sign a pledge sheet as a promise to never to commit, condone or remain silent about domestic or sexual violence.

#### **About The Center for Women and Families (CWF)**

The Center for Women and Families of Fairfield County (CWF) has been helping individuals for 115 years. They provide free confidential and bilingual services to victims of domestic violence, child abuse, and sexual assault to those who reside in Trumbull, Bridgeport, Easton, Fairfield, Monroe and Stratford. Visit <http://www.cwfefc.org/> for more information.

#### **About The Clothesline Project (CLP)**

The Clothesline Project (CLP) is a program started on Cape Cod, MA, in 1990 to address the issue of violence against women. It is a vehicle for women affected by violence to express their emotions by decorating a shirt. They then hang the shirt on a clothesline to be viewed by others as testimony to the problem of violence against women. Visit <http://www.clotheslineproject.org/> for more information.

#### **About The White Ribbon Campaign (WRC)**

The White Ribbon Campaign (WRC) is the largest effort in the world of men working to end violence against women. Now in over fifty five countries, campaigns are led by both men and women with a focus on educating men and boys. Wearing a white ribbon is a personal pledge to never commit, condone, or remain silent about violence against women and girls. The White Ribbon Campaign at The Center for Women and Families meets monthly. We encourage anyone interested to please join us! For additional information about the taskforce or meeting dates and times, please contact: Stephanie Stacy at 203.334.6154 [sstacy@cwefec.org](mailto:sstacy@cwefec.org) . Visit <http://www.cwfefc.org/wrcpledge.html> to take the pledge.

#### **About World Fitness Studio**

World Fitness Studio is a studio dedicated to the experience of ZUMBA® Fitness Programs. Owner and instructor, Jordana Bross is a former professional ballet dancer from Manhattan, having trained and performed with members of The American Ballet Theater, New York City Ballet, The Paris Opera Ballet, Bolshoi Ballet and The Kirov Ballet. In September of 2008, Jordana became a Licensed Zumba® Fitness instructor, a member of the elite Zumba® Instructor's Network (ZIN) and introduced the Zumba® Fitness program in several Connecticut towns where it was virtually unknown. After nearly two years of teaching a loyal following of Zumba® enthusiasts, Jordana launched her own studio, World Fitness Studio in Monroe, CT. World Fitness Studio is the area's largest studio dedicated to Zumba® Fitness, and offers with its monthly automatic membership unlimited classes. Jordana's goal is to continue to spread the joy of the Zumba® Fitness program and inspire all to move their bodies and get healthy & fit. To learn more visit: [www.worldfitnessstudio.com](http://www.worldfitnessstudio.com).

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